

Short Term signs of grief

- Nervousness
- Nightmares or recurring dreams
- Depression or withdrawal
- Hyperactivity
- Expressive anger or uncontrollable rages
- Inability to concentrate (especially in school)
- Isolation from others
- Over-dependency on one person
- Frequent illness

Possible long term effects

Without help, effects of unresolved grief may continue for generations.

- Substance Abuse
- Suicide
- Eating Disorders
- Chronic Depression
- Difficulty with vocational success
- Inability to find joy in life
- Violence
- Difficulty maintaining relationships

Source: Mental health as described in Never the Same: Coming to Terms with Death of a Parent, by Donna Schuurman.

The Chaplaincy
Serving Others with Impeccable Spiritual, Emotional & Physical Care

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United Way service provider

CORK'S PLACE at 
The Chaplaincy



**Grief Support for children
ages 3 - 18 years**

783-7416



For children mourning the death of a loved one



CORK'S PLACE FEATURES
SPECIALLY DESIGNED SPACE AND
ACTIVITIES TO ASSIST CHILDREN
IN PROCESSING THROUGH THEIR GRIEF.

- PAINT SPLATTER ROOM
- A LARGE ACTIVITY ROOM
- ART ROOM
- DRAMATIC PLAY AREA
- VOLCANO ROOM

CORK'S PLACE ENCOURAGES
POWERFUL FEELINGS AND ENERGY
BE RELEASED IN A WAY THAT
IS POSITIVE AND HEALING.



Peer Support Groups
allow children, teens and
their families to share,
find comfort and move through the
healing process.



Come when **you** need us
and
Leave when **you're** ready.

783 - 7416

CORK'S PLACE IS A PROGRAM OF
THE CHAPLAINCY
A NON-PROFIT AGENCY PROVIDING
HOSPICE, CHAPLAIN SERVICES & GRIEF SUPPORT.

CORK'S PLACE
IS A SAFE
AND CARING
ENVIRONMENT
STAFFED BY
PROFESSIONALS
AND **TRAINED**
VOLUNTEERS.



SUSAN
PROGRAM COORDINATOR

CHILDREN **AGES 3 - 18** ARE
ASSISTED BY TRAINED VOLUNTEER
FACILITATORS AND SURROUNDED BY KIDS
THEIR OWN AGE WHO HAVE ALSO HAD A
LOVED ONE DIE.



WANDA
BEREAVEMENT SPECIALIST

PARENTS AND
CAREGIVERS MAY
ATTEND AN **ADULT**
SUPPORT GROUP
WHILE THE
CHILDREN ARE
TOGETHER.